



About Me

Lisa Duncan is passionate about helping to make life better for all women as they develop their professional and personal lives. Lisa strongly believes that every woman, regardless of where she lives and what she does, should have access to high quality support, resources and networks, and ultimately have the opportunity to be the best she can be, particularly in business. To achieve this, Lisa offers a wide variety of self-development strategies and coaching to assist her clients in reaching greatness and personal growth. But perhaps, best of all, Lisa supports her clients to make significant changes to their lives in a very short time.

Future with Focus 

Overcoming Fear and celebrating failure

Overcoming Fear and Celebrating Failure In this workshop Lisa will work through what causes us to stop, what stops us from moving forward and “having a go”.

Lisa will show you how to build a “toolbox” of support you can reach for when you feel yourself stopping. Whether in your personal or professional life, there are times when Fear will stop you in your tracks this is where Lisa will show you ways to keep moving forward. Lisa will also show you the importance of celebrating Failure and what that will mean to you going forward. Lisa will guide you to stop, acknowledge and celebrate with gusto the small and big learning in your life.

There will be music and swaying as we celebrate you and your failures while learning a few of Lisa’s. Lisa’s workshops combine the serious, the fun, stories and lot’s of sharing showing how incredible you are and how you are to be honoured as your move and grow within you life.

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Planning your next 90 days!

Goal Setting Tips for Your success

Learn how you can motivate change and build a better life for you (and your family) in no time at all.

This webinar will guide you to respond to your current situation in a systematic, manageable way so that you can focus on what is important to you. Learn how you can sharpen your focus, monitor your progress, and stay accountable as you move towards making significant and purposeful change.

If you want to learn how to make purposeful changes in your life to benefit you, your family and your business, and how to maintain these changes indefinitely, join Lisa. Don't miss this opportunity to overcome the feelings of isolation and fear that have become synonymous with the COVID19 crisis and plan your next 90 days for change. With the encouragement and support of someone who walks the walk, you can achieve anything!

